

Fresh Perspectives July 12, 2020

Ice Cream in a Bag Recipe

INGREDIENTS

1 c. half-and-half (OR $\frac{1}{2}$ cup whole milk and $\frac{1}{2}$ cup heavy whipping cream)

2 tbsp. granulated sugar

$\frac{1}{2}$ tsp. pure vanilla extract

3 c. ice

$\frac{1}{3}$ c. kosher salt

Toppings of your choice

You also need a small resealable plastic bag and a large one, and enough ice to partially fill the large bag.

DIRECTIONS

1. In a small resealable plastic bag, combine half-and-half, sugar, and vanilla. Push out excess air and seal.
2. Into a large resealable plastic bag, combine ice and salt. Place small bag inside the bigger bag and shake vigorously, 7 to 10 minutes, until ice cream has hardened.
3. Remove small bag from large bag and wipe off the salt. Then open small bag and enjoy with your favorite ice cream toppings.